

SD TUMBLE CAMP 2026 SCHEDULE

SESSION 2

- **July 2 | 4:30–8:30 PM — Check-In Day**
 - Athletes meet staff and campers, complete warm-up and evaluations for proper group placement, participate in a front tumbling session, and finish with Open Gym.
- **July 3 | 9:00 AM–7:00 PM — Structured Curriculum Day**
 - Dynamic warm-up followed by progressive skill stations across all surfaces.
 - Athletes are grouped by skill level to maximize results, technical development, and learning efficiency.
 - Open gyms and activities are included throughout the day.
 - *Lunch provided.*
- **July 4 | 9:00 AM–3:00 PM — Structured Curriculum Day**
 - Training format mirrors the previous day with warm-up, stations, and skill grouping.
 - Day ends early so families can enjoy Independence Day celebrations in San Diego.
 - *Lunch provided.*
- **July 5 | 9:00 AM–2:00 PM — Final Day + Showdown**
 - Final workshops, open gym, and showcase performances.
 - Athletes will perform camp dance and demonstrate newly learned skills.
 - Awards will be presented to standout campers.